





# Caving

The Gold Coast Hinterland has some great spots to explore – none better than the caves that meander through Turtle Rock. Caving extends a student's identity while developing their sense of trust. Incorporating a high degree of perceived risk, while keeping actual risk very low, it's a great opportunity to teach students about assessing and managing risk.

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|  <b>TIME FRAME</b>             | Generally conducted over a 3 hour period, however other time frames can be negotiated depending on your requirements. |
|  <b>NUMBER OF PARTICIPANTS</b> | 20-25                                                                                                                 |
|  <b>KEY OUTCOMES</b>         | Coping mechanisms, awareness of others, self confidence                                                               |
|  <b>SUITABLE AGES</b>        | Grades 7-12                                                                                                           |

WORKS WELL AS PART OF A **ADVENTURE PROGRAM**

THE CHANGE YOU WANT TO SEE  
IN THE WORLD LIES WITHIN...

