

CHRISTIAN YOUTH CAMPS – BURLEIGH HEADS  
**HIKING**

**Activity Coordinator:**

**Venue(s)** Burleigh Headland  
**Date of Excursion:**

**Ages Attending:**

**The Process –**

1. Breakdown the activity into actions (eg. off and on the bus, in transit, toilet stop, each activity at venue, unstructured time)
2. For each activity:
  - Identify what hazards may exist, what harm may result, and to whom - consider **consequences** should an incident occur
  - Enter what practices you currently have in place to reduce the **frequency** or **consequences** of injury
  - Discuss **as a group** what further controls are possible-consider risk versus educational outcome. Does the control measure actually introduce any **new risks**?
  - Identify & document **who** puts each control in place and in what time frame
3. When considering 'further controls' start at the top of the following 'hierarchy of control'- the higher on this list the more reliable the control:
  - Eliminate – some activities of an excursion may need to be eliminated if the risks can't be controlled eg swimming in a dangerous rock pool
  - Substitute - lower risk activity with same outcome eg swimming at patrolled beach between the flags
  - Redesign - change or reorder activities eg swimming activity changed to cooler time of day to avoid peak sun exposure
  - Isolate – provide clear instructions to participants at the start of an activity eg set boundaries to keep participants out of problem areas
  - Admin controls – plan & coordinate each action of an activity eg clear rules & expectations for activity, supervision roster
  - Personal protective equipment – last option that should be considered but in some cases the only practical control eg approved helmet for horse riding

**Review** – this workplace health and safety risk assessment is to be reviewed when:

- An incident where staff or students are injured
- Any staff member considers the level of risk has become unreasonable
- A change in staff or participant mix
- A new activity is introduced
- Circumstances change significantly
- There is new information that may influence the risk assessment
- After the activity
- Each time the activity is undertaken

You must do this step to complete the risk management process because: it's the law (WH&S Act), it is an internal audit requirement, it ensures the knowledge gained is passed on to others proposing to engage in a similar activity, the review process improves the skills of those staff involved.

Implemented by: \_\_\_\_\_

Site Manager: \_\_\_\_\_

WHSO: \_\_\_\_\_

## Appendix B – Hazard Assessment Categories

### Step 1 – Identify the Hazard

Risk category	Example of Risk	Hazard Category	Example of Hazard
Sound	Hearing Damage	Electrical	Shock, Burns
Biological	Micro-organisms	Kinetic Energy	Projectiles, Penetrating Objects
Hazardous Substances	Skin contact, Inhalation	Mechanical Energy	Caught between, Struck by / against
Extremes of Temp	Effects of Heat or Cold	Thermal Energy	Spills and Splashes of Hot Matter
Gravity	Falling Objects, Slips, Trips and Falls of People	Radiation	Ultra -violet, Arc Flashes, Micro-Waves, Lasers
Confined Spaces	Restriction of movement	Vibration	Aggravates body/limbs stability

### STEP 2 - Calculate the RISK Rating (Low / Medium / High) using the chart below.

RISK ASSESSMENT FACTORS		
<b>EXPOSURE</b> (Rating)	<b>PROB. OCCURRING</b> (Rating)	<b>CONSEQUENCES</b> (Rating)
1 RARE (less than 20% of time)	1 UNLIKELY	2 MINOR (Scratches/ Bruises)
2 OCCASIONAL (20%-60% of time)	2 POSSIBLE	3 MODERATE (Breaks/ Burns)
3 FREQUENT (over 60% of time)	3 VERY LIKELY	4 SERIOUS (Permanent loss)
(This refers to the amount of time in any given working day that staff are exposed to the Hazard)	(This refers to the probability of an injury occurring should the Hazard be engaged)	(This refers to the potential severity of the injury)
Score 6 and below = L	Score 7 = M	Score 9-10 = H

### STEP 3 - Specify the Control Measure (Column 3 over page) required to **eliminate** the hazard or bring it's consequences to a **Low** rating.

Control Categories		
Elimination	Risks to be designed out and control measures to be designed in.	Hazard eliminated
Substitution	Replace the material / part or process with a less hazardous one.	Hazard eliminated
Re-Design	Redesign work processes to eliminate the risk.	Hazard eliminated
Separation	Isolating the hazard from the people by enclosing or guarding.	Hazard covered
Administration	Adjusting the time or conditions of risk exposure.	Hazard worked around
P. P. E.	Using appropriately designed and properly fitting equipment where above controls are not available.	Hazard remained but staff protected

Please note: Some hazards may not be identified in the above "Hazard Assessments". These have been labelled as "other".

Implemented by: \_\_\_\_\_

Site Manager: \_\_\_\_\_

WHSO: \_\_\_\_\_

<b>Activity/Camp Coordinator</b> ..... Date .... / .... / .... (Signature) .....	<b>Site Manager</b> ..... Date .... / .... / .... (Signature) .....
<b>Risk assessment authorised by WH&amp;S Officer</b> Andrew Grant Date .... / .... / .... (Signature) .....	<b>Other relevant parties</b> Name ..... Date .... / .... / .... (Signature) .....

Activity Risk/Hazard	Consequences and/ or Description of Risk <small>(Describe circumstances/tasks that might produce the Risk. If possible, list activity, procedure or job. Recall previous experience on similar projects if necessary.)</small>	Level of Risk	Control Measure to be Implemented	N - Not Done D - Done I - Implementing		
				N	D	I
Hiking	<ul style="list-style-type: none"> <li>Slip, trip, fall - participants may be injured by passing vehicles</li> <li>Participants may lose their footing and slip, trip or fall</li> <li>Supervision</li> <li>Slips, Trips &amp; Falls</li> <li>Vehicles &amp; Road Safety</li> </ul>	4	<ul style="list-style-type: none"> <li>Participants to be asked to mind their step</li> <li>Participants are lead by instructors/leaders</li> <li>Participants only cross roads when deemed safe by instructors/leaders</li> <li>Participants use pedestrian crossings where available.</li> <li>A minimum of 2 supervising Instructors/leaders at all times</li> </ul>			
Supervision	<ul style="list-style-type: none"> <li>Participant disappearance</li> <li>Participant behaviour</li> <li>Behaviour causing injury</li> <li>Participant behaviour being affected, could lead to injury.</li> </ul>	2	<ul style="list-style-type: none"> <li>Participants are to remain with leaders at all times.</li> <li>All participants are to remain in between the lead and rear leaders</li> </ul>			
Toilets	<ul style="list-style-type: none"> <li>Sharps in toilet</li> <li>Harm to participant - Sharps or a person intending harm.</li> </ul>	4	<ul style="list-style-type: none"> <li>Participants to be "buddied" to ensure participants are in a minimum group of 2.</li> </ul>			
Public Venue	<ul style="list-style-type: none"> <li>Harm to participant</li> <li>Members of the public - sharps or a person intending harm.</li> <li>Disappearance of participant</li> </ul>	4	<ul style="list-style-type: none"> <li>Participants to be buddied to ensure participants are in a minimum group of 2.</li> </ul>			

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Participant Health	<ul style="list-style-type: none"> <li>Participant health</li> <li>Participant fitness - participants not being in a fit physical state to participate</li> </ul>	4	<ul style="list-style-type: none"> <li>Parental informed prior to event</li> <li>Relevant participant medications should be brought (i.e asthma puffers)</li> </ul>			
Safety	<ul style="list-style-type: none"> <li>Training - non-adherence to safety instructions</li> </ul>	2	<ul style="list-style-type: none"> <li>Activity to be lead by leaders</li> <li>Participants to follow leaders instructions</li> </ul>			
First Aid	<ul style="list-style-type: none"> <li>Unqualified staff - further agitation of injury</li> </ul>	4	<ul style="list-style-type: none"> <li>Administrator of first aid to have current first aid qualification</li> <li>First aid kit to be available at all venues</li> </ul>			
Non-participants	<ul style="list-style-type: none"> <li>Supervision - lack of supervision</li> </ul>	4	<ul style="list-style-type: none"> <li>Non-participants to remain at CYC</li> </ul>			
Safety	<ul style="list-style-type: none"> <li>Contact - contactability</li> </ul>	4	<ul style="list-style-type: none"> <li>Instructors/leaders to ensure mobile is available and taken on activity</li> </ul>			
Weather	<ul style="list-style-type: none"> <li>Slips, Trips &amp; Falls</li> </ul>	3	<ul style="list-style-type: none"> <li>If the weather conditions are unsuitable the activity should be cancelled.</li> </ul>			

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